

Sahaja Yoga – The Mantras and the Three Channels

The Three Great Mantras for Sahasrara:

Om twamewa sakshat
Shri Mahalakshmi, Mahasaraswati, Mahakali
Trigunatmika
Kundalini sakshat
Shri Adi Shakti
Mataji
Shri Nirmala Devi
Namo Namaha

Om twamewa sakshat
Shri Kalki Sakshat
Shri Adi Shakti
Mataji
Shri Nirmala Devi
Namo Namaha

Om twamewa sakshat
Shri Kalki Sakshat
Shri Sahasrara Swamini
Moksha Pradayini
Mataji
Shri Nirmala Devi
Namo Namaha

Sahaja Yoga mantra:

Om twamewa
sakshat
Shri _____
sakshat
Shri Adi Shakti
Mataji
Shri Nirmala Devi
Namo Namaha

Example - Mooladhara:

Om twamewa
sakshat
Shri Ganesha
sakshat
Shri Adi Shakti
Mataji
Shri Nirmala Devi
Namo Namaha

Deities of the Chakras

Left	Center	Right
6 Agnya Mahavira 5 Vishuddhi Vishnumaya 4 Heart Shiva Parvati 3 Nabhi Gruha Lakshmi 2 Swadhishtana Nirmala Vidya 1 Mooladhara Nirmal Ganesha	7 Sahasrara Three Great Mantras 6 Agnya Mary Jesus 5 Vishuddhi Radha Krishna 4 Heart Jagadamba or Durga 3 Nabhi Lakshmi Vishnu v Void Adi Guru Dattatreya 2 Swadhishtana Brahmadeva Saraswati k Kundalini Kundalini Mata 1 Mooladhara Ganesha Gauri	6 Agnya Buddha 5 Vishuddhi Vithala Rukmini 4 Heart Sita Rama 3 Nabhi Raja Lakshmi Nirmala Chitta Himalaya Chandrama 2 Swadhishtana Chandrama Lakshmi Narayana 1 Mooladhara Kartikeya
Left Channel Mahakali Bhairava	Center Channel Mahalakshmi Gauri Mata	Right Channel Mahasaraswati Hanumana

