

CONDITIONINGS AND VISHUDDHI CHAKRA

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Now the higher center than that is this vishuddhi chakra which I say, in the universe or on this Earth, it is America. It has got left and the right side. Now, New York is on the right side. And the left is, I should say, is South America. Now the right side is the one where person becomes extremely arrogant, aggressive, talks bad language, tries to oppress others, as you see every day these people are doing here. They have a right vishuddhi. They get all kinds of problems and when I suck them in—their problems—I also get coughing Myself. When I try to neutralize them I have to cough it out. So this right vishuddhi is very important.

And the left vishuddhi is the one by which you develop a lethargic heart; where you develop angina.

Both the vishuddhis can give you also what you call spondylitis. But the center of this is the one ruled by Shri Krishna himself. Shri Krishna himself rules this. That's why in America you have this movement of Shri Krishna's consciousness. Of course, it is illusory, no doubt. But you have that. You can form anything. But why Krishna has come so much here because this is the land of Shri Krishna.

Now the main thing is the people from India who have come here are also mostly Krishna worshipers. Like Gujaratis are the ones where Krishna ruled Himself. So this is the land of Shri Krishna, is the most important because it is the Shri Krishna who becomes the primordial, or we can say who becomes the *Virat*. *Virat* means the great one. *Allah ho Akbar*. When we say that, "Allah ho Akbar,"

Mohammad Sahib, what He was referring to was Shri Krishna when He becomes *Virat*.

This finger suggests this center. See how it is related. This center suggests this center. When Shri Krishna used His Sudarshan chakra He used this finger. This finger. Now, when Christ related to two fingers like this, it was the Vishnu and the Shri Krishna. He kept *His* finger down because He himself was that. All these things are so significant and related to each other, which you have to gradually learn. So this vishuddhi chakra in the center gives you so many problems of ear, nose, throat, of the eyes.

Now in the modern times, people don't know what they are doing with their eyes, the way they are moving their eyes morning till evening. God knows what's going to happen to their attention. And this is worked out. It's conditioned to them. They cannot keep their eyes steady. They have to move their eyes all the time like this. They have no concentration there. That's also a part of Shri Krishna's power.

So all the face, ears, nose, throat, teeth, tongue—all these things—are concerned with the sixteen petals of this center. So all these diseases of teeth come from the defect in the center. But only defect in the center is not responsible. There can be some combinations. And when the combinations worked out, we call it a *granthi*, a knot. And when the knot comes in, then first problem is how to remove the knot. Once you have removed the knot then only you can attend to individual centers. But if it is in a knot you cannot attend to it.

So, in these complicated brains, in these complicated personalities, it is a difficult task to raise the Kundalini. But somehow it has been achieved. Luckily it has been achieved. The reason for that is that the seventh chakra has been opened out. If the seventh chakra was not opened out I would have had to clear every chakra by chakra, every granthi, and big problems would have been there.

But because now the seventh chakra is opened out your Kundalini just passes out. And then you can see in that whatever dim light you have. You see your lack. You see your defects. You see your problems. And then you start correcting them yourself. I don't have to do anything. You become your own guru. You become your own master. You start correcting yourself. Because if you tell something, "Don't do this," they will do exactly the opposite. Is a common human nature. So better give them enlightenment. Let them find out.

Like some people yesterday were feeling very hot. I didn't do anything there. Your Kundalini itself was suggesting you are feeling hot. Means you had liver problem or you are following a wrong guru or a wrong concept. Something wrong in the void. So, otherwise, if you tell them this is a wrong concept you are following they will never believe. If you say, "Your wrong guru is following," they will not believe. But when they find their stomach is gurgling, the Kundalini is going round and round you can actually see with your naked eye, with your naked eye, the pulsation of the Kundalini in such people where there is an obstruction. And you can see also in the stomach sometimes the Kundalini gurgling; it cannot come up. Why? Because you have been to a wrong guru. You are living with a wrong conception. It's a wrong idea you have. It's all a mental projection, and in reality it is all false.

Like in India many people have a habit of fasting. I say this is another nonsense. They go on

fasting, so they starve. What is the need to fast so much when we have so much starvation in our country already? If by starvation if you go to God then all the Indians must go to God immediately. All the poor people. And because this—fasting themselves—God is so angry with them that He makes them starve. Alright. Have it. You want it? Have it. Now fasting permanently—till you die. That's the logic.

People asked Me, "Mother, why is it yours is a *Yoga Bhoomi* and why people die so much?" Because they are stupid. This is a conditioning. The Brahmins—so-called—the priest class in India has taught them that you must fast. You fast and give all money to them. Give all food to them and you fast. Brahmins eat such a lot sometimes that you are amazed. They can eat by kilos. Yes. While the other people, poor things, have to fast, preserve their money and give it to these Brahmins who are not Brahmins at all. It's a misnomer. They are not the ones who know the Brahma.

So these horrible Brahmins who live there as priest class try to tell people you must fast on this and fast on that. And the speciality of the fasting is this, that they tell them that the day Krishna is born you fast. Imagine. A child is born in the family in India: they celebrate. They spend such a lot of money that day when the child is born, and they distribute sweets and do all kind of things out of their jubilation because to us children are very great. And also that's one of the reasons why we get more children: because we love our children, we look after them. We train them well. We really care for them. So children are not born in the countries where the children are neglected, tortured.

Like in England they say every week two children are killed by parents. I mean, which sane child would like to be born to parents like that. It's better to be poor than to be born to somebody

who will just kill you off. So, this is also another reason that the people in a naïve country, in the sense way that they are like Americans who do not know about Kundalini; will not understand reality; and in India where they know reality that they have to seek the divine, they have to seek their Self, may be entrapped by people who will say, alright you fast. For that, you must fast.

And there are people who fast actually practically every day in India. There are people like that. They become just bones, they develop TB and all kinds of troubles. But they fast and they bathe at least three times or four times. Imagine in this country even if you bathe once, it's enough. That's why when Indians come to foreign countries they develop lung cancer. Because they bathe still the same way as they bathe in India. These are the two things which are killing the people who are seekers, who want to be divine, in India. What we call the *Andhavishtvas*, the blind faith.

While here, it is complete ignorance. They have no idea how to achieve reality. They read books after books after books. They know all the books, they have read everything and reached nowhere. Even the first stanza of Vedas: *Vida*. *Vida* means whatever is

known on your nerves. *Vida* means whatever is known on your nerves. Even the first stanza says that by reading the Vedas if you are not *vida*, means if you've not felt it on your central nervous system, then it is all useless. But nobody reached that.

Nanaka has said, "*Kabe Nanak bin aapa cheene mite na brahm ki kayi.*" Unless and until you are realized your Self your illusion will not go away. I mean A to Z all of them have said so. But they will be six. For example, will be reading it morning till evening, this verse: "You must know your Self, you know your Self, and you know your Self."

By reading that—like, supposing I have a headache and I say, "Go and take a medicine." I write the name of the medicine. You say, "Alright, take this medicine, take this medicine." You read the prescription. Will your headache go away or will it increase? In the same way, when you go on reading, reading, reading, saying mantras, mantras, mantras, mantras, you go mad. You have to get this grace by which you ascend. Ascend to be a non-being. It's another state into which you jump, just like an egg becomes a bird. Is a complete transformation. Is a complete transformation. And at this state when you arrive, you become the witness.