## FEEL THE JOY POURING SHRI MATAJI NIRMALA DEVI, LOS ANGELES, 26 SEPTEMBER 1983 (EXCERPT)

And this is the main point is, that when you become the truth, you start understanding the absolute nature of truth. There is no another for truth. If this is so, this is so. If this is so, this is so. You cannot compromise. You cannot make it little different. You cannot synthesize it. You cannot analyze it. It is so. It is so. It is so. And you get confirmed about it. When you grow in your awareness, you start finding out that this is the truth. So, you understand the truth through your mental activity first, through your rationality, it goes into your logic and then you start accepting it.

But the third thing that happens to you is the best of all. Is the third thing that you see the whole world as fun. You see the whole world as a big joke. You see the whole world as a witness. Like, a thought rises within us and falls off and another thought rises and falls off. When we are on the waves of the thought, we are frightened, we have fear, we have worries, we have jealousies and all those things. But supposing you get into the boat, then you start watching the waves with fun. In the same way, you jump onto such an awareness where you start watching the whole thing as a joke, as a fun, as a play. And the whole thing becomes a play to your mind. You start seeing. And then the joy starts pouring in you.

Like you all say that Mona Lisa painting is very good. But how do you know? Why so great about Mona Lisa? She is not one of these modern women. She is a very old-fashioned woman, quite plump, and why do you say that that painting is so beautiful? What is so great about it?

Now, if you are a realized soul, you can see it

gives vibrations. It soothes your Spirit. That's why it is the best. If you go to the Sistine Chapel of the Vatican, what Michelangelo has done is nothing but he has created vibrations, tremendous vibrations. And you see Christ. How they have shown Christ. A robust, tall fellow standing there, throwing people here and there.

This is what is happening today. This is the time of judgement and the whole thing is nothing but the kundalini they have shown and the agnya chakra. Christ is standing there and throwing people this side and that side. This is what it is. He is depicted there through his own understanding, because he was a realized soul. He showed it very clearly.

But then on the altar you find a lanky panky Christ, you see, absolutely like a T.B. patient about to die. Only the bones you see covered with, you call, skin. How can Christ be like that? Is sadism towards Him. Like these people try once to carry the cross, and they will know that He could not be like that. He could not be such a lanky-panky. He is a person of joy, health, happiness and exuberance. How can be anyone who is a man of God is sickly, agitated, hottempered and horrible-looking. He has to have that serene on his face. He has to have that beautiful soothing, impression on others. How can it be that a person who is such a great incarnation came on this earth to be a bony structure like that?

This is what it is. We have such misconceptions about all of them, such misconceptions, and we want to put all this conception on God, but you cannot conceptualize God. The thing that stands between you and your Self is your ego and your conditioning. Both things stand against you. They are like barriers. When this kundalini rises, as you see here, when she rises and crosses over this center, then what happens: your ego and superego, which represents your conditioning, is sucked in. When it is sucked in, that is the center of Christ. When He is awakened within you, He sucks it. That's the place where He is at the cross.

Tomorrow, I think they'll bring the chart and I'll be able to explain to you in more details. And that is the time when you are neither the ego nor the superego and you become the Self. The joy starts trickling. The whole thing is joy. The joy starts coming in you. All other pursuits are joyless. There is no joy in the whole things. And joy doesn't have duality like happiness or unhappiness. Happiness comes to you when your ego is pampered. And unhappiness comes to you when your conditioning troubles you. But, joy has no duality. It's just a feeling of complete elevated soul. You feel completely elevated about everything else, enjoying the bliss of God.

Actually, if you see, I mean Mona Lisa's painting even, you'll feel the joy is pouring, just like torrential rain. The person who did it must have been the one who has felt that joy, has brought it. But, if there is a person who is always thinking and trying to think it out what should be done, then he doesn't get the joy at all. You look at a thing, and there is a thought in between. It kills the joy completely.

Supposing I am here and I see something beautiful here and I start thinking about it, then I start thinking, "How much it must have cost? How to insure it? What to do with it?" But if there is no thought, the complete creation of that beauty flows inside you. Just like joy. And this is what has to happen to you, if you become the Spirit. If it does not happen to you, don't believe in anyone — also Me. You should not believe into anything unless and until you get to your Spirit which manifests all these things.

It has nothing to do with your intellectualizing, your analysis or anything. It is something that you have within yourself. It's your own. It is within you, and you have to get it within yourself, by your own achievements. In the sense your own kundalini rises and touches here and opens it out. Now, as I told you, what I do is a simple thing. That, I enlighten, and a light which is ready, which is again in turn, becomes enlightened and can enlighten another light.