## DESIRE TO ASCEND SHRI MATAJI NIRMALA DEVI, SAN DIEGO, 19 JUNE 1989 (EXCERPT)

So we can desire anything. If you want you can desire everything. We can desire, say, the joy; we can desire the knowledge; we can desire to be compassionate and love; and we can desire also the destruction of those which are negative forces. But the Mahakali force is the one which is working out the constructive force.

But, in that constructive force only there has to be destruction. Because, if you are constructing something and there is destruction which is trying to destroy your construction, then you have to destroy that destructive personality. And this is what people sometimes misunderstand and they think that Mahakali force is negative force or is a force of destruction. It is, but in a very positive way. And, if you understand this part of Mahakali force, then you will understand that if you have desires to construct yourself properly in Sahaja Yoga then you should also have the desire to destroy whatever is standing against your construction.

So, one by one, we should see within ourselves what sort of things that drag us down, and thus they do not give us this desire. If this desire becomes intense, then you start immediately seeing what are the forces that are destroying your ascent. So we have to ascend is the point. Our goal is to ascend, our destination is to ascend; so our desire should be that we should ascend and construct our being in such a manner that we can receive all the.... [Interruption] So, we should understand that we have to be prepared to destroy many things within us, if we have to become great evolved personalities.

As you have seen in evolution itself, we had huge big animals like mammoth, this, that and they could not cope with the evolution so they were all destroyed. So many thing were destroyed. And, this destruction is built in within us. When we ascend we just start seeing that these are the forces which are destroying us and that our destruction is so much that if we do not desire the destruction of these destructive forces we'll be finished.

So, at the same time, when we are ascending higher we have to know what we have to destroy. For example, even in living forces, when a flower becomes a fruit, lots of things which were the part of the flower get destroyed, automatically. But that is done in the will of God by His own understanding, so it's absolutely perfect.

So, in Sahaja Yoga, when we desire something, we must know what do we desire. First fix your goal, and then relate it to that.

Now there are many deviations in life. Like, you are going to the airport. Our attention should be, "we have to reach the airport," and whatever are distractions are distractions; we should not get lost with it. If we get lost with those distractions, then we cannot achieve our goal in time. So, one has to understand first of all that our goal is to ascend and for that the distractions are on our way, because of ourselves, because of ignorance, because of darkness, because the light is not so much.

The first destroying factor that is within us is the Shri Ganesha's power and this Shri Ganesha is the power of Mahakali. She first planted Shri Ganesha to emit holiness on this Earth, so the whole thing could be vibrated and as you know one aspect of Shri Ganesha is also Omkar, means this vibratory awareness which flows everywhere. So, these vibrations have four sides in them. One is that these vibrations establish holiness, auspiciousness through Mahakali; then these same vibrations also comfort us through Mahakali power.

Vibrations do not give you desires as such, if you see. They do not give you desires, but they give you proof of your desires being fulfilled. Supposing you want somebody to be cured, this is your desire, and you give vibrations to that person; so its a means. So, it is also the action part which is there in those vibrations, but this action also comes from desire. If you don't have desire you won't act, so the desire is so important even to establish your own path, to establish your forward march.

If your desire is poor, if you're half-hearted, you can't work it out. Half-hearted people cannot achieve anything in Sahaja Yoga. It's not meant for half hearted people. It's meant for people who are brave, who have intense desire, who are intelligent, and who are auspicious. But, in case you do not have intense desire, then the pure desire doesn't work and you do not get your realisation. Also, after getting realisation, unless and until you have desire to ascend, very strong intense desire to ascend, you cannot ascend.

So for all Sahaja Yogis it is necessary to first of all, early in the morning, while taking the name of Ganesha, must say, "What is my desire, this is my goal?" This is what it is; all activity must be surrendered for this work.